

THE RANCH



Personal, social, health and economic policy

Approved by: Directors

Last reviewed on: January 2023

Next review due by: January 2024



1. Aims

The aims of the policy at The Ranch are to:

- › Provide a framework in which sensitive discussions can take place
- › Prepare young people for puberty, and give them an understanding of sexual development and the importance of health and hygiene
- › Help children and young people develop feelings of self-respect, confidence, and empathy
- › Create a positive culture around issues of sexuality and relationships
 - › Teach children and young people the correct vocabulary to describe themselves and their bodies
 - › Teach children and young people to build self esteem and resilience

At The Ranch, we are able to provide PSHE to all young people via the ASDAN accredited qualification.

2. Definition

PSHE is about the emotional, social, and cultural development of young people, and involves learning about relationships, sexual health, sexuality, healthy lifestyles, diversity and personal identity . PSHE also covers emotional wellbeing and the safe use of social media

PSHE involves a combination of sharing information and exploring issues and values.

PSHE is not about the promotion of sexual activity.

3. Delivery of PSHE

PSHE focuses on giving young people the information they need to help them develop healthy, nurturing relationships of all kinds including:

- › Families
- › Respectful relationships, including friendships
- › Online and media
- › Being safe
- › Intimate and sexual relationships, including sexual health

These areas of learning are taught within the context of family life, taking care to make sure that there is no stigmatisation of children based on their home circumstances (families can include single parent families, LGBTQ + parents, families headed by grandparents, adoptive parents and foster parents/carers, amongst other structures), along with reflecting sensitively that some children may have a different structure of support around them (for example, looked-after children or young carers).

We will also be mindful of the law and legal requirements, taking care not to condone or encourage illegal political activity, such as violent action against people, criminal damage to property, hate crime, terrorism or the illegal use of drugs.



3.1 Inclusivity

We will teach about these topics in a manner that:

- › Considers how a diverse range of pupils will relate to them
 - › Is sensitive to all pupils' experiences
 - › During lessons, makes pupils feel:
 - Safe and supported
 - Able to engage with the key messages
 - We will also: Make sure that pupils learn about these topics in an environment that's appropriate for them, for example in:
 - A whole class setting
 - 1-to-1 discussions

4. Roles and responsibilities

4.1 Staff

Staff are responsible for:

- › Delivering PSHE in a sensitive way
- › Modelling positive attitudes to PSHE
- › Monitoring progress
- › Responding to the needs of individual pupils

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